




January 2016



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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3	4 Granola, peaches, milk-Ring bologna, crackers, potato fries applesauce, milk-Grapes and goldfish	5 English muffins, raisins, milk-Beef stew, potatoes, apple slices, milk-Pumpkin bars with milk	6 Cereal, fruit juice, milk-Grilled cheese, tomato soup, pears, milk-Pepperoni & wheat crackers	7 Applesauce bread, raisins, milk-Beef roast, stuffing, mashed potatoes, mixed fruit, milk-Yogurt and graham crackers	8 French toast, applesauce, milk-Lunchables, pickles, apple slices, milk-Cheese cubes and pretzels	9
10	11 Toast, applesauce, milk-Tuna noodle casserole, peas, pears, milk-Trail mix and raisins	12 Oatmeal, blueberries, milk-Cheesy broccoli soup, saltines, peaches, milk-Wheat crackers and pepperoni slices	13 Granola bites, peaches, milk-Porky pine meat balls, noodles, cooked carrots, fruit cocktail, milk-Animal crackers & raisins	14 Bagels, applesauce, milk-Grilled pepperoni and cheese sandwich, corn, mixed fruit, milk-Carrot cake & milk	15 Cereal, fruit juice, milk-Fish sticks, buttered bread, pickles, pineapple, milk-Pickles and saltines	16
17	18 Bagels, bananas, milk-Ham and potato soup, crackers, applesauce, milk-Animal crackers and grapes	19 Applesauce bread, pears, milk-Egg bake, toast, cooked carrots, melon, milk-Cucumbers and crackers	20 Toast, raisins, milk-Meatloaf, crackers, mashed potatoes, peaches, milk-Yogurt and blueberries	21 English muffins, pineapple, milk-Beef goulash, corn, mixed fruit, milk-Cheerio treats with milk	22 Pancakes, pears, milk-Bologna sandwich, pickles, pineapple, milk-Trail mix with raisins	23
24	25 Toast, orange slices, milk-Mac and cheese, peas, peaches, milk-Orange slices and graham crackers	26 Cereal, fruit juice, milk-Beef lasagna soup, mixed veggies, fruit cocktail, milk-Pepperoni and crackers	27 English muffins, mixed fruit, milk-Beef tips over gravy and bread cubes, corn, pears, milk-Pretzels and cheese	28 Coffee cake, raisins, milk-Pepperoni rice a roni, green beans, applesauce, milk-Jelly saltines and milk	29 Oatmeal, bananas, milk-Salami sandwich, side salad, melon, milk-Chocolate chip bars and milk	30 
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